



A1

SPARKLING SUMMER RECIPES

by A1 Fruit Water

WELCOME TO A1 FRUIT WATER

We make delicious drinks using 100% South African fruit and every delicious drink supports the South African economy.

In this e-book you will find a number of interesting ways to enjoy our sugar-free, zero calorie sparkling waters, whether this is at home, on-the-go or with friends and family. Thanks to our combination of fresh sparkling water and the very best mandarins, lemons and grapefruits South Africa has to offer, we make the perfect partner for your summer creations.

Enjoy.

CONTENTS

Page 6-7	Contributors
Page 6-7	What you may need
Page 8-9	Our Waters
Page 10-15	Dry January specials
Page 16-33	Fresh sparkling mocktails
Page 34-47	Fun summer cocktails
Page 48-54	Competition winners
Page 55-56	Where to buy

Legal Disclaimer

The materials contained on this recipe book are provided for general information purposes only and do not constitute legal or other professional advice on any subject matter. ONE54 South Africa (PTY) Ltd Recipes does not accept any responsibility for any loss which may arise from reliance on information contained in this recipe book

Permission is given for the downloading and temporary storage of one or more of these pages for the purpose of viewing on a personal computer. The contents of this site are protected by copyright under international conventions and, apart from the permission stated, the reproduction, permanent storage, or retransmission of the contents of this site is prohibited without the prior written consent of ONE54 South Africa (PTY) Ltd.

This website and its contents are provided "AS IS" without warranty of any kind, either express or implied, including, but not limited to, the implied warranties of merchantability, fitness for a particular purpose, or non-infringement.

Reproduction, distribution, republication, and/or retransmission of material contained within this website are prohibited unless the prior written permission of ONE54 South Africa (PTY) Ltd Recipes has been obtained.



WHAT YOU MAY NEED

Before you start making your A1 Fruit Water Mocktails and Cocktails, you'll need to make sure you have the right ingredients handy - depending on what drink you choose to make.

Here is a comprehensive list of what you may need to get started:

Full ingredients List:

- | | |
|-------------------------------------|--------------------|
| A1 Fruit Water Sparkling Mandarin | Rose water |
| A1 Fruit Water Sparkling Lemon | Lime cordial |
| A1 Fruit Water Sparkling Grapefruit | Tonic water |
| Oranges | Sugar |
| Lemons | Paprika |
| Limes | Star-anise |
| Grapefruits | Honey |
| Cucumber | Edible rose petals |
| Blueberries | Crushed ice |
| Blackberries | Block ice |
| Strawberries | |
| Raspberries | Alcohol: |
| Ginger | Gin |
| Fresh mint | Rum |
| Fresh rosemary | Vodka |
| Fresh thyme | Bourbon |
| Fresh sage | Triple-sec |
| Cocktail cherries | Tequila |
| Lemonade | |
| Pineapple juice | |
| Crushed Pineapple | |
| Pineapple pieces | |
| Grapefruit juice | |
| Pomegranate juice | |
| Orange juice | |
| Jalapeño Slices | |
| Honey | |
| Chia seeds | |
| Celery | |
| Apple | |
| Single pomegranate cordial | |
| Passion fruit pulp | |



Cans of A1 Fruit Water
The most important ingredient for the best summer cocktails.



Pretty glassware
The vessel that you select for your cocktail can really make your drink shine - opt for quality glassware with interesting designs.



Fresh Fruit
Select the freshest fruit for your cocktails.



Cocktail Shaker
Used to mix beverages by shaking vigorously. When ice is put in the shaker, this allows for a quicker cooling of the drink before serving.



Blender
A standard smoothie blender may be used for certain cocktail recipes in this book.



Alcohol & Spirit Measure
You'll need a shot glass or spirit measurer to ensure you add the right amounts of alcohol and / or syrups to your drink.



Ice
Drinks are best served cold - you'll need varying types of ice - including crushed and cubed.



Fancy Garnish
A sharp knife and a metal cocktail pick are the best tools you can use to make drink garnishes.



Sun, Family & Friends
Enjoy your drinks with good company!

INTRODUCING OUR SPARKLING FRUIT WATERS



**A1 FRUIT WATER
SPARKLING MANDARIN**

Ingredients:
Carbonated water, flavourings (Mandarin).



**A1 FRUIT WATER
SPARKLING LEMON**

Ingredients:
Carbonated water, flavourings (Lemon).



**A1 FRUIT WATER
SPARKLING GRAPEFRUIT**

Ingredients:
Carbonated water, flavourings (Grapefruit).

A photograph of a glass of A1 lemon sparkling water. The glass is filled with a golden, bubbly liquid, ice cubes, and a slice of dried orange. A gold straw is inserted into the drink, and a sprig of baby's breath flowers is placed on top. In the background, a can of A1 lemon sparkling water is visible, featuring the brand name 'A1' in large yellow letters and a lemon slice graphic. The can also has text that reads 'INFUSED WITH REAL AFRICAN FRUIT', 'SUGAR FREE ZERO CALORIES', and 'LEMON'. A gold funnel is lying on the surface to the left of the glass. The entire scene is set on a light-colored wooden surface.

DRY JANUARY
SPECIALS



ELDERFLOWER COLLINS

Embark on a refreshing journey this January as we delve into the world of Dry January, a time when many choose to embrace a healthier lifestyle by abstaining from alcohol. Let's elevate your non-alcoholic experience with a delightful mocktail, featuring A1 Sparkling Fruit Water. Get ready to savor the fizz and flavor, making your commitment to a dry month not only health-conscious but also irresistibly delicious.

Ingredients:

25ml Elderflower Syrup

25ml Lemon Juice

150ml A1 Sparkling Lemon

Float of Bitter Truth Aromatic Bitters

Garnished with a dehydrated Lemon wheel and edible flower.

Method:

1. In a shaker combine elderflower syrup, lemon juice, bitters and crushed ice
2. Shake well
3. Pour into a glass over more crushed ice and top with A1 Fruit Water in Lemon flavour
4. Garnish with dehydrated Lemon wheel and flowers

NO-LOMA

Embark on a refreshing journey this January as we delve into the world of Dry January, a time when many choose to embrace a healthier lifestyle by abstaining from alcohol. Let's elevate your non-alcoholic experience with a delightful mocktail, featuring A1 Sparkling Fruit Water. Get ready to savor the fizz and flavor, making your commitment to a dry month not only health-conscious but also irresistibly delicious.

Ingredients:

150ml A1 Sparkling Grapefruit
25ml Honey Syrup
25ml Lime Juice
3 Dashes of Bitter Truth Grapefruit Bitters
Pinch of Salt
Garnish with a grapefruit wedge

Method:

1. In a shaker combine honey syrup, lime juice, bitters, salt and crushed ice
2. Shake well
3. Pour into a glass over more crushed ice and top with A1 Fruit Water in Grapefruit flavour
4. Garnish with grapefruit slice or peel



FRESH SPARKLING
MOCKTAILS



CUCUMBER & LIME MOCKTAIL

A fresh and zesty mocktail featuring crushed ice, mint, cucumber, lime and A1 Fruit Water Lemon.

Ingredients:

3 thinly sliced cucumber slices
Crushed ice
Sprig of mint
80ml lemonade
100ml A1 Fruit Water: Sparkling Lemon
Lime slices

Method:

1. Add thinly sliced cucumber slices to a glass
2. Add a few small cubes of ice into the glass
3. Add a fresh sprig of mint to the glass (we tap the mint to release the aroma)
4. Top with 80ml of lemonade, followed by 100ml of A1 Fruit Water Lemon
5. Add a squeeze of lime and serve with lime wheels to garnish and more mint





MANDARIN BURST

A bright and beautiful citrus burst with A1 Fruit Water Mandarin and mandarin juice, beautifully complimented with a thyme syrup.

Ingredients:

- 1 Cup mandarin / orange juice
- 1 Tot thyme simple syrup
- A1 Fruit Water: Sparkling Mandarin
- Ice

Method:

1. Place mandarin juice together with ice into a blender.
2. Blend to a slushy consistency.
3. Place the slushy mixture into a tall cocktail glass (about half-way up), add the thyme syrup and top with A1 Fruit Water Mandarin.
4. Give it a quick stir and garnish with cherries and a slice of mandarin.

Thyme simple syrup:

- 1 Part water
- 1 Part sugar
- Fresh thyme

Add water and sugar to a small saucepan. Bring to a boil. Once sugar has dissolved, remove from heat. Place thyme into a bowl, pour over the hot liquid and let steep for an hour or two. Bottle and keep in the fridge for up to 2 weeks.

GRAPEFRUIT FIZZ

Grapefruit juice, A1 Fruit Water Grapefruit and a pop of flavour with a delicious rosemary syrup.

Ingredients:

1 Tot Rosemary simple syrup
½ Cup Grapefruit juice
A1 Fruit Water: Sparkling Grapefruit
Ice

Method:

1. Place ice in a cocktail shaker.
2. Add rosemary syrup and grapefruit juice – shake well.
3. Place a single ice cube in a coupe glass.
4. Strain the juice over the ice and top up with A1 Fruit Water Sparkling Grapefruit.
5. Garnish with grapefruit rind and a sprig of rosemary.

Rosemary simple syrup:

1 Part water
1 Part sugar
Fresh rosemary

Add water and sugar to a small saucepan. Bring to a boil. Once sugar has dissolved, remove from heat. Place rosemary into a bowl, pour over the hot liquid and let steep for an hour or two. Bottle and keep in the fridge for up to 2 weeks.





BUBBLY MANDARIN

An easily impressive, layered, and fresh cocktail with just mandarin and A1 Fruit Water.

Ingredients:

- A1 Fruit Water: Sparkling Mandarin
- Fresh Mandarin
- Ice

Method:

1. In a glass, add cloves of peeled fresh mandarin.
2. Crush them to release the juice in the glass.
3. Fill the glass with ice and top with A1 Fruit Water mandarin
4. Stir to mix and serve or drink.

BERRY SQUEEZE

Take your berry drink to the next level with a squeeze of grapefruit and A1 Fruit Water.

Ingredients:

- A1 Fruit Water: Sparkling Grapefruit
- Blueberry (1/4 cup) & Strawberry (1/4 cup)
- Ice
- Fresh Grapefruit for Garnish

Method:

1. In a glass, add all your berries and cordial and crush them to release the juices (or use a blender with ice and then add to the class).
2. Fill your glass with ice.
3. Top with A1 Fruit Water Grapefruit and serve or drink right away.





ROSE RASPBERRY

A1 Fruit Water Lemon, Rosewater and Raspberry are perfectly balanced in this mocktail.

Ingredients:

Crushed ice

Squeeze of lemon wedge

50ml Raspberry Reduction (¼ cup raspberries, ½tsp rose water, 1tsp lemon juice, 1 tsp sugar)

150ml A1 Fruit Water: Sparkling Lemon

Serve with edible rose petals

Method:

1. First make Raspberry Reduction: (To make: In a pot, simmer ¼ cup raspberries, 1 tsp lemon juice & 1tsp sugar till soft, strain then add rose water. Cool the liquid to use in the cocktail)
2. Next, add 1/2 cup of ice to a cocktail shaker
3. Add a squeeze of lemon
4. Add 50ml of the raspberry reduction you made above
5. Shake this mixture in the cocktail shaker with the lid closed
6. In a small coupe glass add a cube of ice, A1 Fruit Water Lemon, and Raspberry Rose Reduction
7. Serve with edible rose petals





GRAPEFRUIT CURE

Tropical Mocktail bursting with citrus zing, featuring A1 Fruit Water Grapefruit, freshly squeezed Grapefruit, Pineapple, Paprika and Honey.

Ingredients:

Crushed ice
60ml pineapple juice
30ml grapefruit juice
Squeeze of grapefruit
Pinch of paprika
1tsp honey
100 - 120ml A1 Fruit Water: Sparkling Grapefruit

Method:

1. In a cocktail shaker, add crushed ice
2. Then add 60ml of pineapple juice, followed by 30ml grapefruit juice and a squeeze of fresh grapefruit
3. Add a pinch of paprika and 1 tsp of honey
4. Shake the drink making sure to close the lid of the shaker ;)
5. Pour over more crushed ice and top with A1 Fruit Water Grapefruit
6. Serve with a slices of grapefruit

SWEET N SOUR MOCKTAIL

The sweetest sweet: pineapple juice and honey balanced perfectly with A1 Fruit Water lemon.

Ingredients:

1 Cup pineapple juice
1 Tot honey simple syrup
A1 Fruit Water: Sparkling Lemon
Ice

Method:

1. Ice made from pineapple juice combined with grenadine.
2. Place ice into a cocktail mixer.
3. Add honey syrup and pineapple juice – shake well.
4. Place pineapple / grenadine ice balls into a tall cocktail glass.
5. Strain the juice mixture over the ice, about half-way up, then top with A1 Fruit Water Lemon
6. Give it a quick stir and garnish with a slice of lemon.

Honey simple syrup:

3 Tbsp boiling water
1 Tbsp honey

Combine well and set aside to cool.



Created by: Cat Carsen



Created by: Tasha



BLACKBERRY SELTZER

A colourful and zingy drink with blackberry and A1 Fruit Water.

Ingredients:

Crushed ice
Fresh blackberries
Vodka
Fresh Lemon
A1 Fruit Water Sparkling Lemon

Method:

1. Add in a handful of fresh blackberries to a tumbler and crush
2. Drop in 50ml of cold vodka
3. Top glass up with crushed ice
4. Add in a squeeze of fresh lemon juice
5. Topup with A1 Fruit Water sparkling lemon
6. Garnish with lemon and mint

FUN SUMMER
COCKTAILS



CUCUMBER & MINT SPRITZER

Deliciously refreshing cucumber with Vodka, mint, lime and A1 Fruit Water lemon.

Ingredients:

1 Tot Vodka
1 Tot cucumber & mint simple syrup
1 Tot lime cordial
A1 Fruit Water: Sparkling Lemon
Ice

Method:

1. Place a single ice cube in a tumbler.
2. Add the vodka, simple syrup and lime cordial.
3. Top with A1 Fruit Water Sparkling Lemon.
4. Garnish with a slice of lemon and cucumber.

Cucumber & mint simple syrup:

1 Part water
1 Part sugar
Fresh cucumber, peeled & diced
Fresh mint leaves

- Add water and sugar to a small saucepan. Bring to a boil. Once sugar has dissolved, remove from heat. Place cucumber and mint into a bowl, pour over the hot liquid and let steep for an hour or two. Bottle and keep in the fridge for up to 2 weeks.





SPICY GRAPEFRUIT

A tasty, textured woody aroma from star anise brought to life with A1 Fruit Water and a splash of rum.

Ingredients:

A1 Fruit Water: Sparkling Grapefruit

30ml Rum

Star-Anise

Ice

Fresh Grapefruit for garnish

Method:

1. In a glass, add your star-anise and rum.
2. Fill the glass with ice cubes to chill your rum.
3. Add a slice of fresh grapefruit.
4. Top the glass with A1 Fruit Water grapefruit, stir and serve or drink right away.

MANDARIN SAGE BOURBON

Bourbon, triple sec, A1 Fruit Water Mandarin, orange juice and the beautiful, distinct, earthy flavours of sage.

Ingredients:

1 Tot Bourbon
1 Tot triple sec
1 Tot sage simple syrup
½ Cup mandarin / orange juice
A1 Fruit Water: Sparkling Mandarin
Sage leaves
Ice

Method:

1. Place sage leaves into a cocktail mixing jug and muddle.
2. Add a scoop of ice, then add bourbon, triple sec, sage syrup and mandarin / orange juice. Mix well.
3. Place a single ice cube into a tumbler.
4. Strain the cocktail mixture into the glass to just cover the ice.
5. Top with A1 Fruit Water Mandarin.
6. Garnish with mandarin rind and a sage leaf.

Sage simple syrup:

1 Part water
1 Part sugar
Fresh sage leaves

Add water and sugar to a small saucepan. Bring to a boil. Once sugar has dissolved, remove from heat. Place sage into a bowl, pour over the hot liquid and let steep for an hour or two. Bottle and keep in the fridge for up to 2 weeks.





TEQUILA SUNRISE

The perfect ombre drink featuring A1 Fruit Water Mandarin, tequila, mandarin juice and pomegranate.

Ingredients:

80ml pomegranate juice

30ml mandarin juice

1 shot tequila

100ml A1 Fruit Water: Sparkling Mandarin
Ice

Serve with Cherry & Mandarin Slices

Method:

1. In a glass, add your cold pomegranate juice
2. Add a few ice cubes
3. Add fresh mandarin slices, followed by mandarin juice
4. Add 1 shot of tequila
5. Top with 100 - 120ml of A1 Fruit Water Mandarin
6. Serve with Cherries and Mandarin Slices



GINGERADE

Get the freshness of ginger and A1 Fruit Water Lemon with a subtle gin kick to bring a bit of life to your festive hangouts.

Ingredients:

A1 Fruit Water: Sparkling Lemon
Ginger syrup (home-made or bought)
Gin (30ml)
Ice Cubes
Fresh Lemon for Garnish

Method:

1. In a glass, pour your ginger syrup and gin.
2. Fill the glass to the top with ice (cubes or crushed) to chill your syrup and gin mixture and create a colour separation.
3. Add a slice of lemon for garnish.
4. Top the glass with A1 Fruit Water lemon flavour.
5. Stir and serve or drink right away.

BERRY & GRAPEFRUIT RAINBOW GIN

A beautifully colourful cocktail with A1 Fruit Water Grapefruit, blue gin, berries and grapefruit.

Ingredients:

30ml of Strawberry Puree: 5 strawberries +
1tsp sugar and 1 tsp water, simmered over a
low heat until soft
Crushed ice
Juice from ½ freshly squeezed grapefruit
100ml A1 Fruit Water: Sparkling Grapefruit
1 shot blue gin
100ml tonic
Garnish with fresh strawberries and flowers

Method:

1. Start by making your strawberry reduction (Over a low heat, in a saucepan, simmer 5 cut strawberries with 1 tsp water and 1tsp sugar until soft, set aside to cool)
2. Once cooled add around 30ml's of this reduction to a glass
3. Then add some crushed ice to fill half the glass
4. Add the juice from ½ a freshly squeezed grapefruit
5. Add 100ml ice cold A1 Fruit Water Grapefruit
6. Add 1 shot (or 2 shots) of Blue Gin
7. Top with a good quality tonic water
8. Garnish with fresh strawberries and flowers



GRAPEFRUIT, ROSEMARY, GIN

By @eatwithme_ct

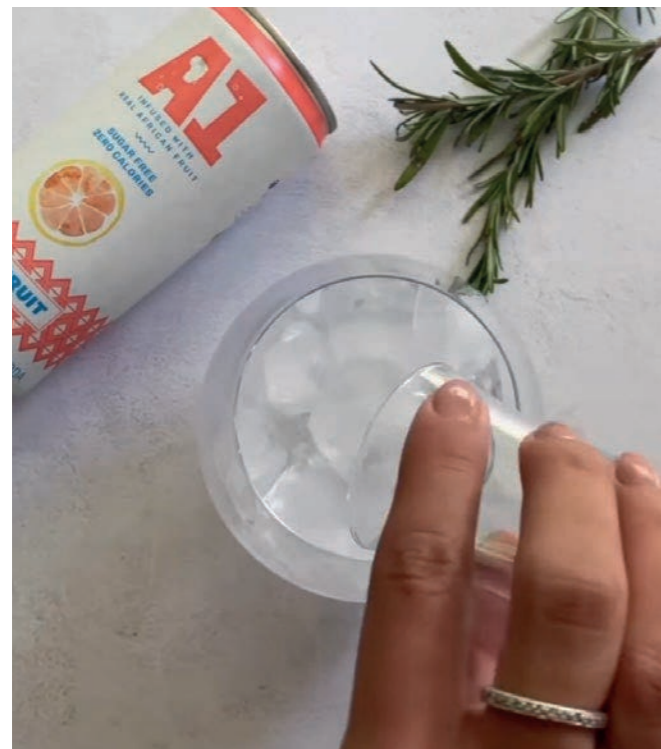
Just add Gin! We call it the K.I.S.S method (Keep it simple silly). Beate knows what's up and added some extra flair with her take on a Grapefruit Gin drink. Simple. Refreshing. Easy to make. Just a few of our favourite things.

Ingredients:

- Ice
- Your favourite gin
- 1 x can of A1 Fruit Water: Sparkling Grapefruit
- Fresh sprig of rosemary

Method:

1. Fill a glass with ice
2. Add a shot (or two) of your favourite gin
3. Add a can of A1 Fruit Water Grapefruit
4. Finish with a sprig of rosemary and enjoy!



SPICY A1 CITRUS

By @iamrobynwilliams

A1, Spice and you have got something nice! This Spicy Citrus is drink from Robyn is for those adventurous types who live on the wild side. Give it a try, who knows... You make like it.

Ingredients:

- Blood Orange Gin
- Fresh Lime
- Jalapeño Slices
- A1 Fruit Water: Sparkling Mandarin
- Ice

Method:

1. Slice some lime and lightly juice the rim of a glass then cover in rock salt
2. Add in some ice cubes and 50ml of blood orange gin
3. Add a squeeze of fresh lime and some thinly chopped jalapeño slices
4. Top up with A1 Fruit Water sparkling mandarin
5. Add some garnish, stir and enjoy!



ALKALINE GREEN GLOW MOCKTAIL

By @midnightkitchendiaries

A Mocktail that you can have for breakfast – yup, sign us up! Get your greens in with an Alkaline Green Glow Mocktail. Packed with all the good stuff your body loves, and A1 Sparkling water... Of course!

Ingredients:

Honey
Chia seeds
Celery
Cucumber
Pineapple
Apple
Ginger
A1 Fruit Water: Sparkling Mandarin

Method:

1. Dip glass in honey to coat the rim, and cover with chia seeds.
2. Fill glass with ice
3. Juice celery, cucumber, pineapple, apple, ginger and poured over the ice
4. Fill up with A1 Fruit Water Mandarin



POMEGRANATE, PASSIONFRUIT, GIN SMASH

By @lerato_gray

We cannot wait for you to try this Pomegranate, Passionfruit and Gin Smash that our runner-up, Lerato Gray, created. It's giving us "a drink after a long day" vibes, and we are here for it.

Ingredients:

Single pomegranate cordial
Lots of ice
Stretton's triple berry gin
A1 Fruit Water: Sparkling Lemon
Passion fruit pulp

Method:

1. Add a single shot of pomegranate cordial to a tall glass
2. Next up add in lots of ice
3. Add in a shot (or two) of Stretton's triple-berry gin (or your favourite gin)
4. Top up with one can of A1 Fruit Water sparkling lemon (works with all flavours)
5. Finish up by adding passion fruit pulp - add as little or much as you like
6. Stir and enjoy!





PINEAPPLE MOJO

By @pveldman7

The winning recipe! This Pineapple concoction will be a crowd-pleaser around the pool in the Summer!

Ingredients:

Crushed Pineapple
Pineapple pieces
Pineapple juice
Gin or Vodca
A1 Fruit Water: Sparkling Lemon

Method:

1. Dip a cocktail glass rim in Pineapple juice and then in sugar
2. Add Crushed Pineapple pieces and juice until glass is half full
3. Pour in 50ml of Gin or Vodca
4. Top up with a can of A1 Fruit Water sparkling lemon.
5. To finish add a sprig of fresh rosemary

THANK YOU & ENJOY!

We hope you enjoy making these cocktails with us. For more recipes please check out our social media pages and to purchase our sparkling fruit water please see stockists below.

FRESHSTOP
fill up, fresh up!

Pick n Pay

takealot com


WELLNESS
WAREHOUSE

SPAR 





A1

Every delicious drink supports the South African economy

THINK SOUTH AFRICAN | DRINK SOUTH AFRICAN